

# The case for short duration, high yield bonds

Adding US high yield bonds to a core fixed income allocation has historically improved risk/reward profiles, but short-duration high yield in particular can help expand the efficient frontier.

How do high yield bonds work? Issued by companies with credit ratings below BBB-, they pay investors a credit spread over "risk-free" assets (such as US Treasuries) to compensate for expected losses stemming from defaults and to reflect the greater volatility of the asset class. Investor



Jim Dudnick, CFA Lead Portfolio Manager, Income & Growth

appetite for high yield bonds tends to increase as economic conditions improve, since a stable or growing economy reduces the risk of corporate defaults.

Looking at the broad US high yield market, we see multiple reasons why this is an interesting asset class. With yields over 7%<sup>1</sup>, these bonds offer the potential for equity-like returns but with less volatility. When we look at credit fundamentals, we also see strong support for the high yield market.

 Stable balance sheets: Net indebtedness remains below the long-term average, and interest coverage is settling above the longterm average. The result is a high

### **KEY TAKEAWAYS**

- We think the investment case for US high yield is compelling because these bonds can offer an appealing total return potential supported by stable credit fundamentals.
- Adding US high yield bonds to a core fixed income allocation has historically improved risk/ reward profiles.
- Short-duration high yield, in particular, can help expand the efficient frontier – the boundary at which potential risk-adjusted returns are optimised.
- Short-duration high yield bonds have historically offered an impressive trade-off of yield to duration, indicating strong potential returns with lower interest rate risk.

yield bond market that is skewed towards higher credit quality and is better positioned to weather an economic slowdown (should it occur).

Muted default rate expectations:
 In addition to stable credit
 fundamentals among high yield
 borrowers, near-term refinancing
 obligations remain low, and we see
 management teams continuing to
 exercise balance sheet discipline.
 Given these factors, the default rate
 for US high yield has been low and
 could remain below the long-term
 historical average in 2025.

## Why invest in the short end of the high yield market?

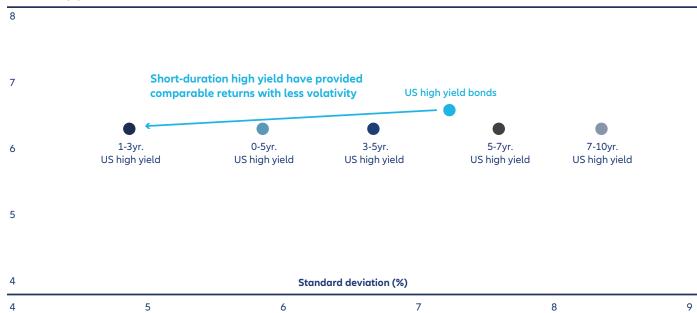
We see three primary benefits to investing in the short duration part of this asset class:

A better risk/return ratio.
The short end of the US high yield market (as measured by the 1-3 Year US High Yield Index) has provided comparable returns to the broader US high yield market, but with significantly lower volatility (Exhibit 1). One reason for this is a phenomenon known as "pull-to-par". As a bond approaches its maturity date, its

price will "pull" towards its par value as default risk becomes increasingly negligible (this occurs whether the bond has risen or fallen in price since it was issued). This effect is more powerful in shorter maturity bonds since they are closer to the maturity date when bondholders are repaid at par. In other words, shorter maturity high yield bonds are less exposed to a deterioration in economic conditions that would increase default expectations.

### Exhibit 1: High yield bonds have historically been less risky closer to maturity, without giving up much return Nov 2009 through Dec 2024





As of 31/12/2024. Source: Voya Investment Management, FactSet, ICE Data Services. **Past performance is not indicative of future results.** This statement reflects performance and characteristics for the time period shown; results over a different time period may have been more or less favourable. See index associations and additional disclosures at the end of the document. Investors cannot invest directly in an index. Index returns are presented as net returns, which reflect both price performance and income from dividend payments, if any, but do not reflect fees, brokerage commissions or other expenses of investing.

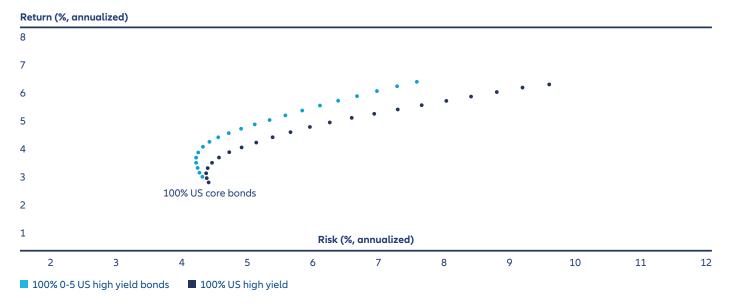
An expanded efficient frontier
Investors have long known that adding US high yield bonds to their core fixed income allocations can improve outcomes and expand the efficient frontier – the boundary at which potential risk-adjusted returns are optimised.

But many investors don't know that short-duration high

yield has been particularly effective in pushing out the efficient frontier. Data from the past 15 years shows that US short-duration high yields bonds have achieved better risk-adjusted returns than US high yield bonds in general (Exhibit 2). In other words, the short end of the high yield market has amplified the expansion of the frontier.

Exhibit 2: Adding short-duration high yield has boosted returns and lowered volatility

Nov 2009 through Dec 2024



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A compelling yield-to-duration trade-off
Record-high new issuance and refinancing activity in 2020 and 2021 pushed coupons and interest expense down and maturities out. This creates an even more compelling yield-to-duration trade-off at the short end of the US high yield market (Exhibit 3).

Put simply, yield-duration measures how far a bond's price would have to fall before wiping out its yield, resulting in a capital loss (this is often called the "breakeven point"). Today's elevated yields thus provide a cushion against potential price falls in US high yield if recession fears re-emerge.

# Where do short duration high yield bonds fit into investor portfolios?

Short duration high yield bonds have the potential to generate attractive upside with lower risk than the broader high yield market – including less price volatility, less drawdown and lower interest rate risk.

One way to use these bonds in a portfolio is to complement an allocation to full-market high yield. They can potentially enhance portfolio diversification by offering a narrower range of annual returns, while providing an asymmetric return profile.

#### THE CASE FOR SHORT DURATION, HIGH YIELD BONDS

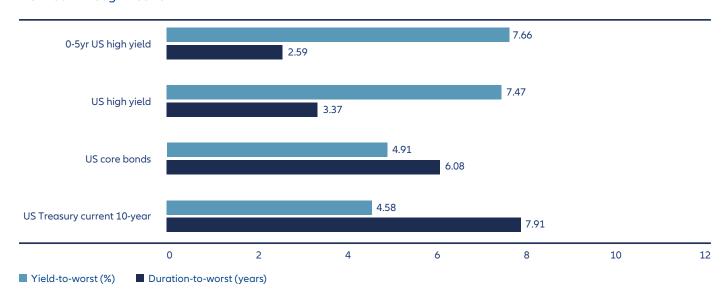
Short duration high yield bonds can also be a good complement to a core fixed income allocation. Their returns are generally not closely correlated to those of core bonds, which can help to cushion negative performance outcomes and reduce overall volatility.

Of course, active management and credit selection remains an important factor. The risks in high yield can

vary significantly by credit rating, with a significant step-up in risk having been observed in past cycles where bonds are rated B- or lower.

After their strong recent performance high yield spreads may struggle to tighten much further in the medium term. But we think today's elevated yields – especially at shorter maturities – still offer value.

Exhibit 3: Short-duration high yield has historically offered the greatest yield to duration trade-off Nov 2009 through Dec 2024



As of 31/12/2024. Source: Voya IM, FactSet, ICE Data Services. Past performance is not indicative of future results. This statement reflects performance and characteristics for the time period shown; results over a different time period may have been more or less favourable. See index associations and additional disclosures at the end of the document. Investors cannot invest directly in an index. Index returns are presented as net returns, which reflect both price performance and income from dividend payments, if any, but do not reflect fees, brokerage commissions or other expenses of investing.

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An investor cannot invest directly in an index, and index performance does not reflect the deduction of any fees, expenses or taxes. Index comparisons have limitations, as volatility and other characteristics may differ from a particular investment.

Index associations: 1–3 year U.S. high yield: ICE BofA 1-3 Year U.S. Cash Pay High Yield Index; 3–5 year U.S. high yield: ICE BofA 3-5 Year U.S. Cash Pay High Yield Index; 5–7 year U.S. high yield: ICE BofA 5-7 Year U.S. Cash Pay High Yield Index; 7–10 year U.S. high yield: ICE BofA 7-10 Year U.S. Cash Pay High Yield Index; U.S. high yield: ICE BofA 0-5 Year U.S. High Yield Index; U.S. high yield: ICE BofA 0-5 Year U.S. High Yield Constrained Index; U.S. core bonds: Bloomberg U.S. Aggregate Bond Index; U.S. Treasury current 10-year: ICE BofA U.S. Treasury Current 10 Year Index definitions: The Bloomberg U.S. Aggregate Index is a broad-based flagship benchmark that measures the investment grade, U.S. dollar-denominated, fixed-rate taxable bond market. The index includes Treasuries, government-related and corporate securities, fixed-rate agency MBS, ABS and CMBS (agency and non-agency). The ICE BofA U.S. Treasury Index series is an unmanaged index that tracks the performance of the direct sovereign debt of the U.S. government with maturities in the ranges indicated. The Bloomberg U.S. Government/Credit 1-3 Year Index covers Treasuries, agencies, publicly issued U.S. corporate and foreign debentures and secured notes that meet specified maturity, liquidity and quality requirements. The ICE BofA U.S. High Yield Index is a market value—weighted index consisting of USD-denominated, non-investment grade bonds not currently in default. The J.P. Morgan Domestic High Yield Index is designed to mirror the investable universe of the USD domestic high yield corporate debt market. The J.P. Morgan Emerging Markets Bond (EMBI) Global Core Index tracks liquid, USD-denominated emerging market fixed and floating-rate debt instruments issued by sovereign and quasi-sovereign entities.

Allianz Global Investors and Voya Investment Management entered into a long-term strategic partnership on 25 July 2022, upon which the investment team transferred to Voya Investment Management. This did not materially change the composition of the team, the investment philosophy nor the investment process. Management Company: Allianz Global Investors GmbH. Delegated Manager: Voya Investment Management Co. LLC ("Voya IM").

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